

Amendments to the Claims:

This listing of claims will replace all prior listings of claims. Please cancel Claims 13 and 25-29, without prejudice or disclaimer, and amend Claims 14-15 and 18-20.

Listing of Claims:

1-13. (Canceled)

14. (Currently Amended) A ~~sole insert~~ boot according to Claim ~~[[13]]~~ 15, wherein each end of the sole insert comprises hollow compartments.

15. (Currently Amended) A boot for a snowshoe, comprising:
a sole ~~having a sole insert according to Claim 13 or Claim 14; and~~
a sole insert that runs transversely to the sole and has two ends, each end positioned on a lateral edge of the sole so as to work with holding means provided on a snowshoe,
wherein the length of the sole insert is independent of the size of the boot and is designed to be used on at least two different boot sizes, so that the length of the sole insert is the same for at least two boots of different sizes.

16. (Previously Presented) A boot according to Claim 15, wherein the sole insert is positioned along a transverse axis that is orthogonal to a longitudinal axis of the boot.

17. (Previously Presented) A boot according to Claim 15, wherein a longitudinal position of the sole insert is the same for a given boot model, regardless of the size of the boot.

18. (Currently Amended) A boot for a snowshoe according to Claim 17,
comprising:
a sole having protruding contours or bosses, or hollow contours, on its lateral
edges; and
a sole insert that runs transversely to the sole and has two ends, each end
positioned on a lateral edge of the sole and located in the protruding contours or bosses,
or hollow contours, so as to work with holding means provided on a snowshoe
~~wherein the sole has protruding contours or bosses, or hollow contours, on its lateral~~
~~edges in which the ends of the sole insert are located.~~

19. (Currently Amended) A boot for a snowshoe according to Claim 15,
comprising:
a sole; and
a sole insert that runs transversely to the sole and has two ends, each end
positioned on a lateral edge of the sole of the boot so as to work with holding means
provided on a snowshoe,
wherein a longitudinal position of the sole insert varies as a function of size for a
given boot model, whereby the sole insert is positioned in a front part of the boot at a
point where the width of the sole is equal to the length of the sole insert.

20. (Currently Amended) A boot for a snowshoe according to Claim 15,
comprising:
a sole; and

a sole insert that runs transversely to the sole and has two ends, each end positioned on a lateral edge of the sole of the boot so as to work with holding means provided on a snowshoe,

wherein the width of the sole varies in its height, and
wherein a vertical position of the sole insert differs depending on the size of the boot for a given boot model.

21. (Previously Presented) A boot according to Claim 15, wherein the sole insert is positioned in the sole in such a way that a ratio between: (1) a distance measured between the transverse axis of the sole insert and the front end of the boot, and (2) the length of the boot, is the same regardless of the size of the boot.

22. (Previously Presented) A boot according to Claim 21, wherein the ratio is between 0.10 and 0.45.

23. (Previously Presented) A process for manufacturing a boot according to Claim 15, comprising during a main stage, arranging an insert inside the sole of a boot, said insert having a length that is independent of the size of the boot and is constant for a given boot model.

24. (Previously Presented) A set of at least two boots of different sizes, each boot according to Claim 15, wherein the sole insert of one boot has the same length as the sole insert of another boot.

25-29. (Canceled)